



**Tuesday, October 29, 2013
2 - 4 pm**

Workshop on the Science of Reiki

Join Ann Baldwin, PhD, Research Professor of Physiology, University of Arizona, Reiki Master, to find out what aspects of Reiki have been revealed by scientific experiments. Dr. Baldwin helped develop the Touchstone Process to systematically analyze scientific studies of Reiki.

- Learn about the scientific basis for Reiki's potential offerings in hospitals and clinics
- Hear about the current theories of how Reiki works and experimental evidence for those theories
- Learn about current research by Dr. Baldwin and others to measure effects of Reiki on the heart, brain and hands
- Connect to sensors to see how Reiki affects your own heart rhythm as you receive Reiki

Light refreshments will be served

Deadline for registration is one week in advance. **Cost is \$25**

To register, go to: www.mind-body-science.com or phone or email Dr. Baldwin (520-795-4048), abaldwin@mind-body-science.com